Analysis Possibilities - NS Quality of Life Survey

Personal Characteristics

- Assigned sex at birth and gender
- Sexual orientation
- Age
- Education level
- Employment status (e.g., part-time, retired, on leave)
- Household income
- Ethnicity
- Languages spoken
- Presence of disability or chronic illness
- Length of time in current residence and residence type (e.g., own, rent, lease)
- Primary transportation method
- Percentage of income spent on housing
- Living arrangement (e.g., children at home, roommates)
- Number of children in household
- Region of the province

Community Vitality

- Volunteering
- Participation in organized groups and activities (e.g., union, sports, clubs, church, and advocacy groups)
- Unpaid care work and assistance (e.g., coaching, yard work, personal support, and paperwork)
- Number of close family, friends, and neighbours
- Sense of belonging, sense of community, safety, and social isolation
- Trust and confidence in people, institutions, and systems (e.g., police, school, and health)
- Experiences of discrimination (e.g., based on gender, ethnicity, skin colour, and sexual orientation)

Leisure and Culture

- Kinds of play (sports, in-person and online games, instruments)
- Exercise
- Socializing in-person and online
- Attending entertainment activities (e.g., movies, festivals, and performances)
- Visits to food and beverage establishments
- Visits to galleries, museums, and libraries
- Reading and hobbies
- Internet browsing and online streaming
- Gambling
- Use and accessibility of various recreation, arts, and cultural facilities

Overall Health and Wellbeing

- Satisfaction with aspects of life (e.g., mental and physical wellbeing, relationships)
- Satisfaction with the areas of the eight domains
- Overall life satisfaction

Healthy Populations

- Self-reported mental and physical health
- Quality and accessibility of health care services
- Exercise, nutritious meals, and substance use
- Negative impacts as a result of personal or others' mental health challenges or substance use

Democratic Engagement

- Interest in politics
- Participation in public events or conversations about local issues and decision-making
- Feelings about personal influence on and understanding of what governments do
- Perceived impacts of local government services

Living Standards

- Job characteristics and work schedule
- Commute time and type of transportation to work
- Satisfaction about job fit and security
- Work-life balance
- Financial insecurity
- Shelter insecurity
- Food insecurity
- Affordability of transportation
- Access to and quality of home internet services

Time Use

- Unpaid care to older adults and children
- Access to child and older adult care services
- Feelings of being rushed
- Perception of there being enough time for things
- Sleep time
- Social time
- Creative time
- Vacation time

Environment

- Quality of and access to the natural environment
- Perceived air and water quality
- Personal responsibility for environmental protection
- Personal sustainability practices
- Active and shared transportation use

Education

- Accessibility and availability of formal and informal learning opportunities
- Reasons for taking formal courses
- Traditional and cultural education opportunities